



HOW CAN I PREPARE FOR MY SENIOR PHOTOS?



1-2 MONTHS BEFORE

- Schedule your session (choose location, date & time)
- Start planning your outfits, hairstyle and props
- Avoid getting sunburn or highly visible tan lines

1 WEEK BEFORE YOUR SESSION

- Haircut and hairstyle
 - Girls: have your hair freshly cut, styled and/or colored
 - Guys: get your hair trimmed
- Narrow down your outfits and have them dry-cleaned, if needed. We suggest bringing at least 3 outfits (depending on session type)
 - Your favorite outfit
 - Your parent's favorite outfit
 - A back-up optionMake sure you're comfortable in these outfits.
- If needed, trim your nails and come with either nude or freshly painted nails
- Is your selfie game strong?
 - Practice some poses so you know what works best for you.

1 DAY BEFORE YOUR SESSION

- Drink plenty of water to help with complexion
- Get plenty of sleep the night before so you look well-rested
- Make sure all your outfits are ready (ironed or steamed, if needed)
- Map out the location of your shoot and plan accordingly (confirm studio location in your session confirmation email)

DAY OF YOUR SESSION

- Confirm your studio address, check for traffic & arrive 15 min. early
- Pack all of your outfits, shoes, jewelry & other accessories
- Pack your undergarments for your Yearbook scene
 - Girls: spaghetti strap/strapless tank top to wear under your drape
 - Guys: white undershirt to wear under your tux
- Pack all of your props
- Pack a makeup bag or hair supplies for touch-ups

*Cady provides everything you need for your Yearbook scene. You won't need to worry about bringing a tux, drape, or pearls. We gotcha covered!